

Bowmen Band - Sherwood High School Band Proficiencies

Sherwood High School Band Proficiencies are playing tests graded using the proficiency playing test rubrics. Each band has been assigned a developmentally appropriate & achievable sequence. Each proficiency is to be turned in electronically via email to sherwoodbandtests@gmail.com by 7am on the designated due date.

Email Proficiencies to: sherwoodbandtests@gmail.com

Subject Heading Must Include: Your Name, Proficiency Number (Example: Miles Davis, Proficiency #1)

Proficiency Timeline

- | | |
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| 1. October 5 th | 7. February 1 st |
| 2. October 26 th | 8. February 22 nd – Solo & Ensemble Recital |
| 3. November 9 th | 9. March 7 th |
| 4. November 30 th | 10. April 4 th |
| 5. December 14 th | 11. April 25 th (Concert & Bowmen Bands Only) |
| 6. January 11 th | 12. May 9 th (Concert & Bowmen Bands Only) |

Bowmen Band – Woodwinds & Brass

1. Wind Technique Book: One Octave Major Scale: Concert C, Concert F, Concert B-flat, Concert E-flat
 - Dynamic: mf; Tempo Quarter Note = 110
2. Handout - Chromatic Scale – Ensemble Chromatic
 - Dynamic: mf; Tempo Quarter Note = 110
3. Wind Technique Book: Lip Slur 1 & 2
 - Dynamic: mf; Tempo Quarter Note = 100
4. Sherwood Warmup Packet: Arpeggios I #1 (Pg. 15E)
 - Dynamic: mp; Tempo Quarter Note = 120
5. Wind Technique Book: One Octave Major Scales: Concert A-flat, Concert D-flat, Concert G-flat, Concert B
 - Dynamic: mf; Tempo Quarter Note = 110
6. Wind Technique Book: Lip Slur 3
 - Dynamic: mf; Tempo Quarter Note = 100
7. Wind Technique Book: Two Octave Major Scales Scales: Concert C, Concert F, Concert B-flat
 - Dynamic: mf; Tempo Quarter Note = 110
8. Solo Piece Performance @ Recital Night – Have another student or parent record you.
9. Wind Technique Book: Two Octave Major Scales Scales: Concert E-flat, Concert A-flat, Concert G-flat
 - Dynamic: mf; Tempo Quarter Note = 110
10. Sherwood Warmup Packet: Intervals – 3rds #3 (Pg. 9E)
 - Dynamic: mp; Tempo Dotted Quarter Note = 120
11. Sherwood Warmup Packet: Intervals – 4ths #3 (Pg. 10E)
 - Dynamic: f; Tempo Quarter Note = 120
12. Sherwood Warmup Packet: Articulation I #1 (Pg. 2E, Brass use double tonguing)
13. Dynamic: mf; Tempo Quarter Note = 135

Bowmen Band – Percussion

1. Wind Technique Book: Two Octave Major Scales: Concert C, Concert F, Concert B-flat, Concert E-flat
2. Accents & Rebounds – Accented 8ths
 - Pg. 4, #1-8, Record Twice: First Time, Half Note = 50; Second Time, Half Note = 80
3. Accents & Rebounds – Accented 8ths
 - Pg. 5, #13-20, Record Twice: First Time, Half Note = 50; Second Time, Half Note = 80
4. Art of Percussion: Tambourine Proficiency – One Hand Technique
 - Pg. 6 Dynamic: mp; Tempo Quarter Note = 90
 - Pg. 7 Dynamic: mf; Tempo Quarter Note = 90
 - Pg. 8 Dynamic: f; Tempo Quarter Note = 130
5. Wind Technique Book: Two Octave Major Scales: Concert A-flat, Concert D-flat, Concert G-flat, Concert B
6. Art of Percussion: Crash Cymbal Proficiency
 - Pg. 62 Tempo Quarter Note = 60
 - Pg. 63 Tempo Quarter Note = 120
7. Art of Percussion: Bass Drum Proficiency – Legato Stroke
 - Pg. 44 Dynamic: mf; Tempo Quarter Note = 120
 - Pg. 45 Tempo Quarter Note = 120
 - Pg. 46 Tempo Quarter Note = 120
8. Solo Piece Performance @ Recital Night – Have another student or parent record you.
9. Accents & Rebounds - The Two-Beat Roll vs. The Buzz
 - Pg. 25, #1-8, Tempo is Quarter Note = 100
10. Accents & Rebounds - The Two-Beat Roll vs. The Buzz
 - Pg. 26, #1-8, Tempo is Quarter Note = 100
11. Accents & Rebounds - The Two-Beat Roll vs. The Buzz
 - Pg. 27, #13-20, Tempo is Quarter Note = 100
12. Accents & Rebounds - The Two-Beat Roll vs. The Buzz
 - Pg. 28, #1-10, Tempo is Quarter Note = 100