

## Camp Curriculum Highlights

- Powerful Leadership Sessions
- Conducting Sessions
- How To Run a Sectional Workshop
- How To Run Full Ensemble Rehearsals
- Percussion and Guard Leadership Sessions
- Percussion Workshops
- Guard Workshops
- Instrument Pedagogy Sessions
- Improving Ensemble Performance
- Peer Teaching Sessions: Visual Technique
- Peer Teaching Sessions: Sectionals
- Stretching Exercises For Your Band
- Breathing Exercises For Your Band
- Movement Sessions
- Rehearsal Planning and Score Study
- Drill Teaching and Drill Cleaning
- Goal Setting and Improving Morale



## Camp Staff

Students will have the opportunity to work with talented instructors from both the high school and college levels. In addition to the workshop directors, the camp staff will also include local area musicians to teach sectionals and master classes.

### Staff members will include:

Todd Zimbelman, Salem, OR  
Jeremy Sutton, Grants Pass, OR  
Bill Humbert, Glendale, AZ  
Richard Frey, Ft. Collins, CO  
Brian Banegas, Salem, OR  
Jessica McKinney, Salem, OR  
Jeremy Zander, Sherwood, OR  
Brant Stai, Aloha, OR  
Kevin Soon, Hillsboro, OR



## *Northwest Music & Leadership Academies* METRO-CAPITOL LEADERSHIP ACADEMY





# METRO-CAPITOL LEADERSHIP ACADEMY

## Camp Information

This academy is intended for students who hold a position of leadership in their marching or concert ensembles (winds, percussion, guard). Students that are interested in being a future leader are also encouraged to attend.

This academy is designed to instruct a complete "team" of leaders in a marching or concert ensemble. The focus is to create an environment where drum majors and section leaders work together in all aspects of running rehearsals and sectionals.

**Although not mandatory, this experience will be most effective if a person from each section attends!**

Campers will need to make their own arrangements for housing, transportation and provide their own lunch and dinner. Several hotels are available in the Sherwood area. Homestays with local students may be possible. Contact local band directors. Students must bring their own instrument, drum sticks/mallets, flag equipment and rifles. Some larger instruments can be provided per request.

## Sample Daily Schedule

8:00-8:55	Registration (1st day only)
9:00-10:00	Leadership Workshops
10:00-11:00	Conducting/Section Leader Workshops/Guard and Percussion Workshops
11:00-12:00	Stretching and Movement Workshops
12:30-1:30	Lunch Break
1:30-3:30	Conducting/Section Leader Workshops/Guard and Percussion Workshops/Full Ensemble Workshops
3:30-5:00	Leadership Workshops
5:00-5:30	Dinner Break
5:30-7:00	Peer Teaching/Leadership Workshops

## Camp Expenses and Registration

The cost for camp if paid and registered by June 1, is **\$220 per student**. On or after June 2, camp fees will be \$260. Visit [www.nmla.net/mcla.html](http://www.nmla.net/mcla.html) for ONLINE registration or to download hard copies of the forms.

The camp runs from **June 18-20, 2014**, at Sherwood High School, located at 16956 SW Meinecke Rd., Sherwood, OR 97140. If you need to mail forms or payment, please send to:

**Northwest Music & Leadership Academies**

**1479 Coho Ct. NW**

**Salem, OR 97304**

Any checks must be payable to "Northwest Music & Leadership Academies"(or NMLA). You can also pay online via PayPal at [www.nmla.net/mcla.html](http://www.nmla.net/mcla.html). ONLINE registration and payment is preferred. We look forward to meeting you at camp!